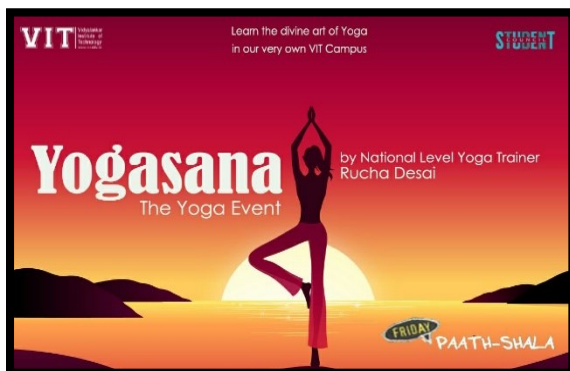


Details of Facilities for Yoga, Sports and Cultural Activities

Sr. No	Play area	Year of Establishment	Games
1	Gymkhana	2005	Table Tennis, Carrom
2	Playground 1	1999	Foot Ball, Cricket, Box Cricket, Rink Football, Volley Ball, Kabadi
3	Playground 2	1999	Foot Ball, Cricket, Box Cricket, Rink Football, Volley Ball, Kabadi
4	Chess Board	2005	Human Chess
5	Volley Ball/ Basket Ball/ Lawn Tennis court	2015	Volley Ball/ Basket Ball/ Lawn Tennis
6	Badminton	2017	Badminton
7	Sports Complex(DEN)	2017	Chess, POOL, Computer Games, Carrom, Table Tennis, Air-Hockey, Foes-Ball, Play Stations(PS4), Karaoke room, Yoga

Facilities for Yoga

Yoga: Yoga is not a religion; it is a way of living that aims towards 'a healthy mind in a healthy body'. Man is a physical, mental and spiritual being; yoga helps promote a balanced development of all the three. We at VIT promote Yoga for students as well as staff. All Yoga sessions are conducted by trained professionals.





Facilities for Sports

Vidyalankar believes that sports contribute to character-building and personality development. Be it a passion for a game, sportsmanship spirit, the lessons learnt from losing, the pride and glory in representing and winning for the college, cheering for a college team... all these comprise of the cherished and memorable moments of college life. To inculcate the love of sports and to cater to the needs of sports enthusiasts on the campus, the Institute has well-maintained sports facilities.

The Institute has two multipurpose grounds that are used by students for outdoor sports and recreational activities and a Gymnasium for indoor sports. The grounds are suitable for popular sports such as football and cricket. There is also a multi-sports court which can be used for volleyball, throw ball, etc. and a separate area is developed for badminton. Sports like Kabbadi, Kho-Kho, and athletics are organized in lush green grounds.

Facilities for indoor games are provided in the Institute Sport Club. Tournaments in Carom, Chess, Arm Wrestling and Table Tennis are frequently conducted here. The Institute has appointed 3 full-time Sports Officer to coach and guide students in various sports.

Sports Facilities



Sports Block - DEN



Sports Block – Chess Room



Sports Block - Lobby



Sports block – Table Tennis Room



Badminton Court



Play ground 1



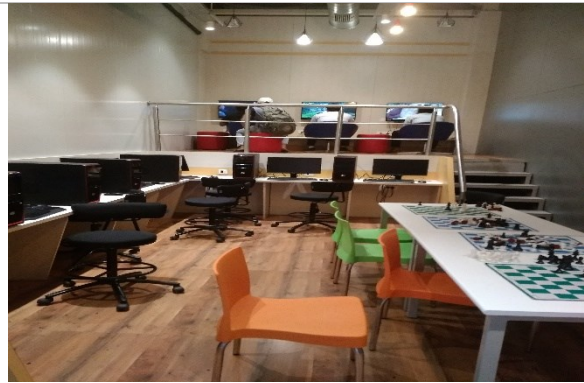
Play ground 2



Play ground 2



Volley Ball and Basket Ball court



Gaming Arena



Pool, Carrom, Snooker, Foos Ball



Pool, Carrom, Snooker, Foos Ball



Pool, Carrom, Snooker, Foos Ball



Foos Ball



Carrom



Human Chess

Sports Activities







Facilities for Cultural activities

Amphitheatre: The VIT Amphitheatre is an outdoor auditorium that serves the needs of the students' social activities. All major social events are held in the Amphitheatre, giving it a modern day feel of the olden days Greek amphitheatres.



Auditorium: The Institute has a mini theatre which has a capacity of 250 seats. Acclaimed movies, meaningful cinema and science fiction flicks are screened for the benefit of students as a part of beyond syllabus activity.



Guest Rooms: The Institute has an in-house lodging facility in the form of a 2 bed – air conditioned executive suite with an attached toilet. This guest room is used for hosting guests who visit the Institute for various purposes, such as participation in seminars/workshops/conferences, etc.

Food Court: The Institute is committed to the provision of nutritious, high-quality and hygienic food to its members and constantly strives to identify avenues for improvement in its food services. There is access to wholesome food on the campus and the cafeteria and kitchen premises conform to high standards of cleanliness.

The Institute has multiple outlets serving various cuisines. Occasionally special programmes such as Global Food Festival and food fairs are also arranged to make students aware of international cuisine, dining etiquettes, etc.

A staff member from the Institute of Hotel Management and Catering Technology, Dadar, supervises the quality of food ingredients at our outlets. Constant efforts are made to provide different food items at reasonable rates. To cater needs after office hours, the Institute has installed automatic vending machines which deliver various branded packed snacks and beverages.

The Food and Beverages Committee ensures that nutritious hygienic food is made available to students and



staff. It organizes periodic meetings and visits with consultants and implements innovative ideas and coordinates with the canteen to arrange for reasonably priced food items.

Water: A Slovakian proverb says, "Pure water is the world's first and foremost medicine." The Institute ensures that the drinking water facilities on the campus are maintained at regular intervals and with utmost care.

Drinking water supplied by the Brihan Mumbai Municipal Corporation (BMC) is available throughout the campus. All drinking water outlets and water coolers are fitted with top-notch water purifiers. All underground and overhead water tanks are cleaned by professional service-providers thrice a year using sophisticated equipment including UV equipment. Further, bottled water is also available at the food outlets on the campus.

Water is precious and hence water conservation is also taken care of. Recycled water is used for flushing in toilets and for landscaping and gardening requirements.

Souvenir Gallery: The Institute has a well-stocked souvenir cum stationery store which sells Institute souvenirs and all stationery items required by students for routine academic needs. It provides photocopying facility as well.

V-Show and Digital Notice Boards

Every department and designated sections are provided with notice boards for displaying important notices as well as publicity posters received by other Institutes to encourage student participation in inter-collegiate events. The Institute is also equipped with digital notice boards for dynamic display of various notices and updates.



Cultural Activities



